

Free and Nutritious Groceries for You and Your Family



Who can visit a market?

• Students, families, and those in the community in need of food assistance.



When are the markets?

 There are weekly and bi-weekly markets available, conveniently located on the campus of participating schools.



Why should I visit a market?

- To receive the nutritious items you and your family need to have a successful school year.
- School Markets have protein, grains, fresh produce as well as canned fruits and vegetables, items your family need to have a successful school year.



For more info or to locate a market near you, visit: houstonfoodbank.org/schoolmarket